



Orari

LUN	MAR	MER	GIO	VEN	SAB	DOM
07.00-08.00 CrossFit Class	07.00-08.00 CrossFit Class	07.00-08.00 CrossFit Class	07.00-08.00 CrossFit Class	07.00-08.00 CrossFit Class	09.30-10.30 CrossFit Class	09.30-10.30 CrossFit Class
08.00-09.00 Open Gym	08.00-09.00 Open Gym	08.00-09.00 Open Gym	08.00-09.00 Open Gym	08.00-09.00 Open Gym	10.30-11.30 CrossFit Class	10.30-11.30 CrossFit Class
09.00-10.00 Open Gym	09.00-10.00 Open Gym	09.00-10.00 Open Gym	09.00-10.00 Open Gym	09.00-10.00 Open Gym	11.30-12.30 CrossFit Class	11.30-12.30 CrossFit Class
10.00-11.00 CrossFit Class	10.00-11.00 CrossFit Class	10.00-11.00 CrossFit Class	10.00-11.00 CrossFit Class	10.00-11.00 CrossFit Class	12.30-14.30 Open Gym	
11.00-12.00 Open Gym	11.00-12.00 Open Gym	11.00-12.00 Open Gym	11.00-12.00 Open Gym	11.00-12.00 Open Gym		
12.00-13.00 CrossFit Class	12.00-13.00 CrossFit Class	12.00-13.00 CrossFit Class	12.00-13.00 CrossFit Class	12.00-13.00 CrossFit Class		
13.00-14.00 CrossFit Class	13.00-14.00 CrossFit Class	13.00-14.00 CrossFit Class	13.00-14.00 CrossFit Class	13.00-14.00 CrossFit Class		
14.00-16.30 Open Gym	14.00-16.30 Open Gym	14.00-16.30 Open Gym	14.00-16.30 Open Gym	14.00-16.30 Open Gym		
16.30-17.30 CrossFit Class	16.30-17.30 CrossFit Class	16.30-17.30 CrossFit Class	16.30-17.30 CrossFit Class	16.30-17.30 CrossFit Class		
17.30-18.30 CrossFit Class	17.30-18.30 CrossFit Class	17.30-18.30 CrossFit Class	17.30-18.30 CrossFit Class	17.30-18.30 CrossFit Class		
18.30-19.30 CrossFit Class	18.30-19.30 CrossFit Class	18.30-19.30 CrossFit Class	18.30-19.30 CrossFit Class	18.30-19.30 CrossFit Class		
19.30-20.30 CrossFit Class	19.30-20.30 CrossFit Class	19.30-20.30 CrossFit Class	19.30-20.30 CrossFit Class	19.30-20.30 CrossFit Class		
20.30-21.30 CrossFit Class	20.30-21.30 CrossFit Class	20.30-21.30 CrossFit Class	20.30-21.30 CrossFit Class	20.30-21.30 CrossFit Class		
21.30-22.30 Open G. /CrossF. C.	21.30-22.30 Open G. /CrossF. C.	21.30-22.30 Open G. /CrossF. C.	21.30-22.30 Open G. /CrossF. C.	21.30-22.30 Open G. /CrossF. C.		